



INFLAMMATORY BOWEL DISEASE PLAN

School Year: _____

Student Name:	DOB:
School:	Student ID:
CONTACTS:	
MOTHER:	FATHER:
HOME:	HOME:
WORK:	WORK:
CELL:	CELL:

EMERGENCY CONTACTS:	
Name:	Phone:
Name:	Phone:
PHYSICIAN:	PHONE:
HOSPITAL PREFERENCE:	

DEFINITION: Inflammatory bowel disease includes Crohn's disease and ulcerative colitis. Crohn's disease can affect any part of the digestive tract and ulcerative colitis affects the large bowel. Both cause the bowel to become inflamed and may cause ulcerations in the bowel. Episodes of flare ups and remission may occur.

POSSIBLE SYMPTOMS:

- fever
- persistent loose, watery, frequent diarrhea
- crampy abdominal pain
- constipation
- rectal bleeding
- decreased appetite / weight loss

BRIEF STUDENT HISTORY / MEDICATIONS:

MANAGEMENT:

- liberal bathroom privileges
- access to a private bathroom
- ostomy care : _____ none
- dietary considerations: _____ none

CALL PARENT IF:

- change in bathroom habits (soiling or increased frequency)
- severe abdominal pain
- fever
- other: _____

CALL 911 IF:

- intolerable pain
- change in level of consciousness
- uncontrolled bleeding

Copy of this plan has been provided to Transportation Supervisor Yes No

Parent Signature Date County School Nurse Signature Date